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Pour Me

Phrased, 2 wall, Intermediate level
Choreographer : Rob Fowler (UK) 2001
Choreographed to : Pour Me by Trick Pony
(184 bpm)

Sequence: A, B, A, B, B, A, B (1-31), A(1-16), Finish

PART A

HOLD, TAP TWICE, REPEAT. HOLD, KNEE IN, OUT, BOX STEP

- 1-4 Hold, hold, tap right toe diagonally forward twice (weight on right on second tap)
5-8 Hold, hold, tap left toe diagonally forward twice (weight on left on second tap)
9-12 Hold, hold, bend right knee in, turn out
13-16 Right cross, left step back, right to side, left step forward

TOE KICK CROSS TWICE, TOUCH, ¼ KICK, CHARLESTON STEPS, KICK, TURN, TOUCH SIDE TOGETHER

- 17-19 Touch right next to left, kick right diagonally forward, cross right over left
20-22 Touch left next to right, kick left diagonally forward, cross left over right
23-24 Touch right next to left, make ¼ turn right kicking right forward
25-28 Step back right, touch left back, step forward left kick right forward (Charleston)
29-32 Make ¼ turn right stepping right to side, touch left next to right, step left to side, right together

SWIVEL TO RIGHT, HEEL, TOE, HEEL, CLAP, REPEAT ON LEFT

- 33-36 Swivel heels right, toes right, heels right, clap hands
37-40 Swivel heels left, toes left, heels left, clap hands

Starting from right side, that is line dancer number 1, then number 2, then number 3, then back to number 1, going down the line, 1, 2, & 3

NUMBER 1

- 41 Make ¼ turn to right on right
42 Make ¼ turn to right stepping left to side
43 Put right arm straight up into the air
44 Put left arm straight up into the air
Then stay there until number 3 finishes

NUMBER 2

- 45-48 Repeat 41-44

NUMBER 3

- 49-52 Repeat 41-44

NUMBERS 1, 2 AND 3 ALL TOGETHER

- 53-56 Monterey turn

TOUCH RIGHT TO SIDE, MAKE ½ TURN RIGHT TOGETHER, TOUCH LEFT TO LEFT SIDE, LEFT TOGETHER

- 57-80 Repeat 17-40

PART B

RIGHT FAN TWICE, HEEL, TOE TWICE, LEFT FAN TWICE, HEEL, TOE TWICE

- 1-4 Fan right to right, together, right fan, together
5-8 Lift right heel and lift left toe, together, lift left heel and lift right toe, together
9-12 Left fan, together, left fan, together
13-16 Repeat 5-8

SIDE HOLD, TOUCH HOLD, MONTEREY TURN TWICE

- 17-18 Touch right to right side, hold
- 19-20 Touch right next to left, hold
- 21 Touch right to right side
- 22 Make ½ turn right, right together
- 23 Touch left to left side
- 24 Left together
- 25-31 Repeat 17-23
- 32 Touch left next to right

STEP FORWARD LEFT, TOGETHER, LEFT, ½ TURN, HITCH RIGHT, STEP BACK RIGHT, LEFT, TOGETHER, BACK ON RIGHT, TOGETHER

- 33 Step forward left
- 34 Step right together
- 35 Step forward left
- 36 Make ½ turn left, hitch right knee
- 37 Step back on right
- 38 Step left together
- 39 Step back on right
- 40 Touch left next to right
- 41-47 Repeat 33-39
- 48 Step left together

GRAPEVINE RIGHT, GRAPEVINE LEFT, ½ TURN, GRAPEVINE RIGHT, FULL TURN LEFT

- 49-52 Right to side, left behind, right to side, touch left next to right
- 53-56 Left to left side, right behind, make a ¼ turn to left stepping onto left make a ¼ turn to left, hitch right knee
- 57-60 Repeat 49-52
- 61-64 Make ¼ turn to left, step on left, make ½ turn left, step back on right, make ¼ turn to left step on left, touch right next to left

FINISH

Finish by kick right forward, cross right over left, unwind full turn left, raise both arms in the air.